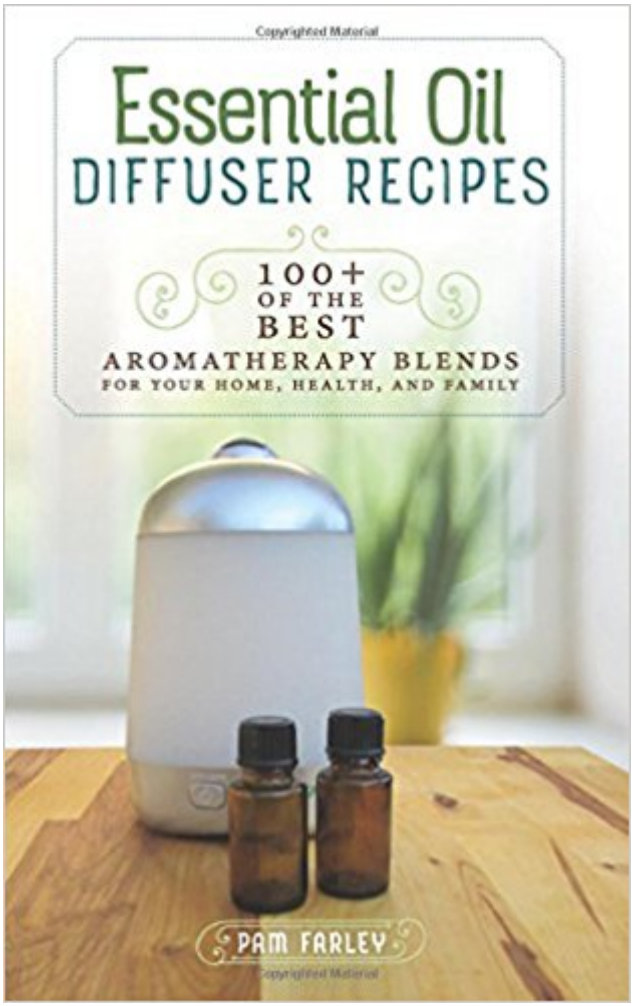
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Essential Oil Diffuser Recipes: 100+ Of The Best Aromatherapy Blends For Home, Health, And Family



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Synopsis

Pure, natural essential oils are an amazing way to improve your mood and add fragrance to your homeÃ¢â ¬â •without the toxic chemicals in scented sprays and candles. In this collection of more than 100 diffuser recipes, youÃ¢â ¬â„¢ll find combinations for: Ã¢â ¬Â¢ Mental clarity Ã¢â ¬Â¢ Relaxation and sleep Ã¢â ¬Â¢ Immune support Ã¢â ¬Â¢ Stress relief Ã¢â ¬Â¢ Mood boosting Ã¢â ¬Â¢ Romance And much more! Can be used with any brand of essential oils.

Book Information

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Customer Reviews

Do you long for a freshly scented home? Do you love the idea of scented candles, home sprays, and gels, but hate the thought of the chemicals and other harmful additives found in them? How do we scent our homes naturally without poisoning our families or going into debt buying oils? Essential Oil Diffuser Recipes (100+ Of The Best Aromatherapy Blends For Home, Health, and Family) by Pam Farley shows the reader how to combine and use essential oils to scent the home and create a peaceful ambiance. With over one hundred recipes, this book helps the user safely scent the home without carcinogenic ingredients or other poisonous chemicals. The book is more than just recipes, it also explains the differences between a nebulizing diffuser and an ultrasonic diffuser, and touches on the importance of using the proper oils. Are you ready to create a warm, lovely scented home using one of Nature's best healing tools, essential oils?Essential Oil Diffuser Recipes by Pam Farley is an awesome little book brimming with recipes to help calm, uplift, inspire, and invigorate the home. There are recipes by the season, for certain ailments, and even some for mama and

baby. I loved that the recipes only use a few drop of oils compared to many other essential oil recipes I've used. As high-quality essential oils can be very expensive, I was thrilled to find a safe method of scenting my home and cleansing the air that doesn't break the bank. Since I am very health conscious, it imperative to me to have the very best home cleaning products that are also the purest to use around my family. This book has given me a healthful option that will frequently be used in my home! I recommend this book to those that are ready to have a clean, fresh smelling home without the dangerous chemicals found in traditional "air freshening" products.--Readers' Favorite Book Reviews

Pam Farley lives her motto of Ã¢â ¬Å“make it, donÃ¢â ¬â„¢t buy itÃ¢â ¬Â• every day as the founder of BrownThumbMama.com, a website dedicated to healthy living, natural eating, and attempted gardening. A former corporate writer, she ditched the cubicle in 2015. Now she spends her time working from home with her family, cooking from scratch, growing vegetables in her front yard, teaching about essential oils, and avoiding housework.

I purchased this book for my daughter-in-law as part of an aromatherapy diffuser gift package for Christmas. I thought about all the things I wished I had when I was first starting out and made sure to include them for her. This type of book is definitely one of those things.I read over the book and I think it’s great. The book is very nicely put together. The cover is attractive and the book is short but adequate; 55 pages total. Because of it’s size, it will be very easy to put in a purse or bag to tote back and forth for those who use diffusers both at home and in the office and may want a recipe book handy.The book is very nicely written. It is right to the point, easy to understand, and everything is nicely printed and spaced so there isn’t a lot of clutter or confusion. The recipes are all catagorized; for example Mental Clarity, Sleep and Relaxation, Immune Support and so on. There are several recipes in each catagory and each recipe has it’s own charming name. There are also a few helpful tips in the beginning of the book.Overall, I think it’s a great buy. Although it will probably take a while to aquire all the different essential oils needed for the various different recipes, this book is a definite must have and is sure to come in very handy. ÃƒÂ Ã Å¸Ã â ˆÃ Â•

I was expecting a little more for the price paid. Honestly, I would expect this to be one of those 2.99 Kindle books.

It’s a decent starter book. A bit pricey for a small book but it does have some good info for the

starter.

Thank you this will be my go to book. Handy on my cell phone new recipes to try each day.

I really like this book .....packed with essential oil combinations....very informative!

Great recipes. This allows you to use your oils in a beneficial way.

If you use essential oils, this is a great book to have handy

This book is great for beginners. Easy to follow the recipes.

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